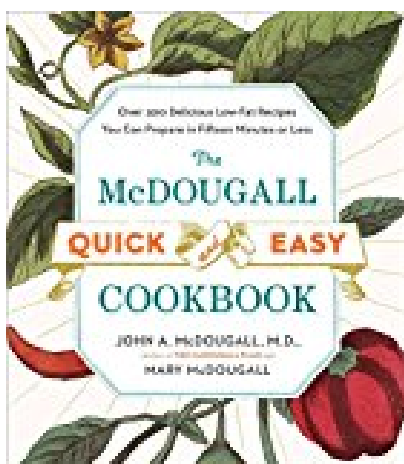


# The McDougall Quick and Easy Cookbook Over 300 Delicious Low-Fat Recipes You Can Prepare in Fifteen Minutes or Less



## BOOK DETAILS

- Author : John A. McDougall
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## BOOK SYNOPSIS

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